

# Harrisonburg-Rockingham CSB INYOBORA Y'IBYIFASHISHWA N'UMURYANGO MUGARI

**UBUTABAZI BWIHUSE MU BY'UBUVUZI:** 911

**HRC SB SERIVISI Z'UBUTABAZI BWIHUSE AMASAHA 24 KURI 24:**

(540) 434-1766

**UBUFASHA BW'ASHAKA KWIYAHURA:** 988

**UBUFASHA BW'ABASHAKA KWIYAHURA - ICYESIPANYORO:**

1-(888) 628-9454

**KURWANYA UBURUZI:** 1-(800) 222-1222

**ISHAMI RYA POLISI YA HARRISONBURG**

**(IBIBAZO BIDAKENEYE UBUTABAZI BWIHUSE):** (540) 434-4436

**ISHAMI RY'UMUKURU WA POLISI MURI ROCKINGHAM**

**(IBIBAZO BIDAKENEYE UBUTABAZI BWIHUSE):** (540) 564-3800

**SERIVISI ZO KURINDA ABANA:** 1-(800) 552-7092

**SERIVISI ZO KURINDA ABANTU BAKURU:** 1-(800) 832-3858

## ICUMBI RY'UBUTABZI BWIHUSE

**Centralized Housing Intake:** Amazu y'abatagira aho baba,  
(540) 271-1702

**First Step:** Icumbi ry'ubutabazi bwihuse ku bakorewe  
ihohoterwa rikorerwa mu ngo n'abana babo. 129 Franklin St.  
(540) 434-0295

**Mercy House:** Icumbi ry'ubutabazi bwihuse n'izindi serivisi  
zigenewe imiryango. 305 North High St. (540) 432-1812

**Open Doors:** Icumbi ry'ubutabazi bwihuse ku bantu bakuru  
barengeje imyaka 18. Ibiro: 705-1908 Icumbi: (540) 578-3869

## UBUZIMA BWO MU MUTWE NO KUVURWA UBURWAYI BWO GUKORESHA IBIYOBYABWENGE

**H-R Community Services Board:** Ubuzima bwo mu mutwe,  
gukoresha ibiyobyabwenge na serivisi z'imikurire, (540) 434-  
1941

**Alcoholics Anonymous:** (540) 434-8870

**Collins Center:** Serivisi zigenewe abakorewe ihohoterwa  
rishingiye ku gitsina n'abahohotewe, (540) 432-6430

**Community Counseling Center:** Ubujuanama buhabwa  
abantu, abakundana n'ababana n'imiryango, (540) 433-1546

**Sentara RMH:** Ubujuanama bwite, ubuvuzi bw'itsinda na  
gahunda yo kuvurirwa mu rugo ariko ukajya ujya kwa muganga  
rimwe na rimwe, (540) 564-5100

**Strength in Peers:** Serivisi zo gufashanya hagati y'abantu  
bikozwe n'abantu babihuguriwe bari gukira, (540) 217-0869

## UBUZIMA

**Ishami ry'ubuzima rya H/R:** Gusuzuma indwara zandurira mu mibonano mpuzabitsina n'agakoko gatera SIDA/Indwara ya SIDA, kuboneza urubyaro, gukingira, gahunda ya WIC n'ivuriro ry'amenyo ry'abana, (540) 574-5101  
**Ikigo nderabuzima cya Harrisonburg:** Ubuvuzi bw'ibanze, ubw'amenyo n'ubujyanama, (540) 433-4913

**Sentara RMH Medical Center:** Ubuvuzi, (540) 689-1000

**Suitcase Clinic: Ubuvuzi buhabwa abatagira aho baba.** Hamagara umuforomo Terri, (540) 908-1789

**Veterans Outpatient Primary Care Clinic:** (540) 282-6035

**Blue Ridge Free Clinic:** Ubuvuzi, ubufasha mu by'imiti n'ubuvuzi bw'amenyo bwihutirwa, (540) 705-0337

## AKAZI, UBUFASHA MU BYO KURERA ABANA N'UBUFASHA BW'AMAFARANGA

**Ishami rya serivisi z'imibereho rya H/R:** Amakarita y'ibiryo, ubwishingizi bwa Medicaid n'ibindi bigenerwa rubanda, (540) 574-5100

**Ishami rya serivisi z'ubuvuzi:** (540) 434-5981

**Elkton Area United Services:** Ubufasha bw'amafaranga, (540) 298-8685

**People Helping People:** Ubufasha bw'amafaranga, (540) 433-7286

**Valley Workforce Center:** Serivisi z'ubuntu ku bakeneye akazi, (540) 433-4864

**Way 2 Go:** Ifasha imiryango yinjiza amafaranga make mu kugura/gufata neza imodoka, (540) 705-6201

**Hand-in-Hand Resource Mothers:** Gahunda y'ubujyanama igenewe abagore batwite n'abangavu babyaye, (540) 564-7151

**Healthy Families of the Blue Ridge:** Ubufasha buhabwa ababyeyi babyaye bwa mbere, (540) 564-5661

**Second Home:** Kurera abana mbere na nyuma y'amasomo ku bana bujuje ibisabwa na HCPS, (540) 432-7989

## IZINDI SERIVISI

**Our Community Place:** Koga, kumesa n'amafunguro by'ubuntu - (540) 208-7552

**Hope House of the Shenandoah:** Serivisi z'icumbi, abantu bafite imyaka 18-24, (540) 466-3320

**Blue Ridge Legal Services:** Ubufasha mu by'amategeko ku bafashwa binjiza amafaranga make (540) 433-1830

**Kingsway Prison & Family Outreach:** (540) 433-5658

**New Bridges Immigrant Resource Center:** Serivisi z'ubwimukira

n'ubujyanama mu by'amategeko buhabwa abimukira (540) 438-8295

**Ibiro bishinzwe kwimura no gutuza impunzi:** Serivisi zihabwa impunzi na serivisi z'amategeko zihabwa impunzi mu muryango mugari (540) 433-7942

**Skyline Literacy:** Itanga serivisi zo kwigisha, icyongereza n'amasomo yo kubona ubwenegihugu (540) 433-0505

**Friendly City Safe Space:** Umwanya wahariwe umuryango mugari w'abakundana bahuje ibitsina uzwi nka LGBTQ+, (540)-308-9009



**SURA:**  
[hrcsb.org](http://hrcsb.org) or  
[mywellnessconnection.org](http://mywellnessconnection.org)